

COVID Vaccines



We have been busy delivering COVID boosters to our patients who are over 75 and those who are immunosuppressed. We delivered a whopping 2,204 vaccinations during April and May.

We will be holding some extra clinics in June to catch anyone who is not yet vaccinated.

If you are over 75 and have not yet had your COVID vaccine and wish to, please contact the surgery and we can arrange this for you.

Crisis Line

There is now a new NHS 111 service for mental health. If you are experiencing a mental health crisis you can access urgent support 24/7 by calling NHS 111 and selecting the mental health option (option 2).

Calls will be answered by mental health advisors who will be able to provide immediate expert advice and assessment.



If someone's life is at risk or you do not feel you can keep yourself or someone else safe call 999 or go to A&E.

Closed for Training

We will be closed for training on Tuesday 18th June from 12:30pm. We will re-open on Wednesday 19th June at 8am.

If you require medical help during this time please call 111 or visit your local Pharmacy.



Join us on

Facebook

www.facebook.com/MowbrayGroupSurgeries

Whooping cough

Pertussis (whooping cough) cases are rising. Recorded vaccination uptake during pregnancy is falling and is now at its lowest in seven years.

Pregnant women can help protect their babies by getting vaccinated – ideally from 16 weeks up to 32 weeks pregnant. If for any reason you miss having the vaccine, you can still have it up until you go into labour.

Getting vaccinated while you're pregnant is highly effective in protecting your baby from developing whooping cough in the first few weeks of their life.

Published research from the UK vaccination programme shows that vaccinating pregnant women against whooping cough has been highly effective in protecting young babies until they can have their first vaccination when they are 8 weeks old.



Whooping cough and pregnancy

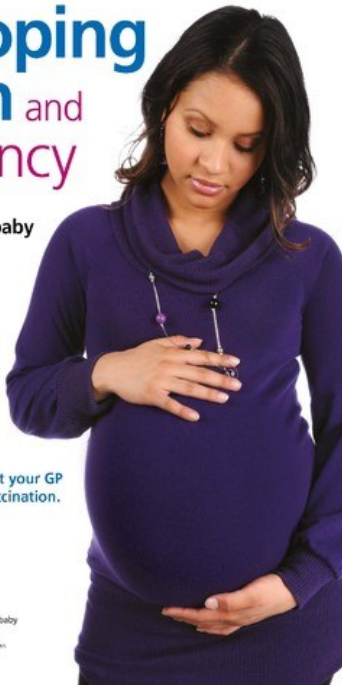
Help protect your baby

There is a lot of whooping cough around at the moment. Babies are at most risk, especially in their first weeks of life.

Expectant mothers can help protect their baby by getting themselves vaccinated against whooping cough, from 16 weeks of pregnancy.

Don't take the risk.
Act now to protect your baby from whooping cough from birth. Contact your GP or midwife to get the vaccination.

i mmunisation
the safest way to protect yourself and your baby
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What is whooping cough?

Whooping cough (medically known as pertussis) is a serious infection that causes long bouts of coughing and choking, making it hard to breathe. The "whoop" is caused by gasping for breath after each bout of coughing, though babies do not always make this noise.

So, how can I protect my baby against whooping cough?

The only way you can help protect your baby from getting whooping cough in their first few weeks after birth is by having the whooping cough vaccination yourself while you are pregnant.

After vaccination, your body produces antibodies to protect against whooping cough. You will then pass some immunity to your unborn baby.

For more information please visit www.nhs.uk/conditions/whooping-cough/

The Hub



**Scam >>>
and Fraud
Protection
Talk**

**@ The Chapel Hub, Hutton
Rudby
Wednesday 5th June 2024
2pm**

**Join us at the Hub for a fraud awareness talk given
by Newcastle Building Society.**

Find out:
How to protect yourself
How to spot a scam
Who to contact if you think you have been scammed
and much more.....

No need to book a place, just turn up.

**Servery will be open to purchase any of our delicious
cakes, as well as our hot and cold drinks.**



The Hub at Hutton Rudby are offering an awareness talk about scams and fraud.

They will be covering:

- how to protect yourself
- how to spot a scam
- who to contact if you think you have been scammed and much more!

No need to book. Talk will take place on Wednesday 5th June at 2pm.

NHS App

Millions of people are using the NHS App to manage their health the easy way, from ordering a repeat prescription to checking their records. Start using the App today. Find out more at www.nhs.uk/nhsapp

Following our launch a few months ago we are asking patients to either check the results of their test results via the NHS or Airmid App or via submitting an e-consultation. Only those who have no access to digital alternatives are able to still call the surgery, after 10am, for their results. A video detailing how you can access your results online is available on our website.



**66.8 million
prescriptions
ordered**

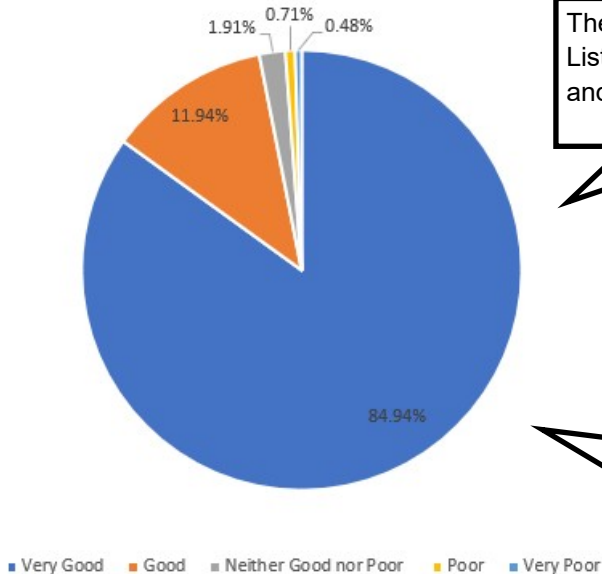


NHS

NHS App

Patient Feedback

Thank you to everyone who took the time to provide us with feedback.



The doctor I saw was very good. Listened and gave considered and constructive advice.

Receptionist was extremely helpful in fact I would have put exceptional

The service I've received has been superb.. the speed with which my appointments have been set was excellent.

Climate Corner

Get involved in National Clean Air Day 20 June 2024!

Every year, air pollution causes up to 36,000 deaths in the UK. The World Health Organisation and the UK Government recognise that air pollution is the largest environmental health risk we face today. Clean air is essential for our health, and the co-benefits of clean air measures are also good for our wellbeing as well as being good for the planet.

For more information visit: www.actionforcleanair.org.uk

Left Panel: Air pollution dirties every organ in the body, no matter who you are or where you live. www.actionforcleanair.org.uk

Right Panel: Leave the car at home. Walk, wheel or take public transport to work or school. www.actionforcleanair.org.uk



Greener Practice