

## **Patient Travel Information**

Mowbray Group can provide travel advice and NHS travel vaccinations to our registered patients.

The Admin team will contact you to book a face to face travel appointment where recommendations and vaccinations for your destination will be discussed. Some vaccination courses can take 3 months to complete.

Not all vaccinations required for travel are available on the NHS. If you require a vaccination that is not available on the NHS you will need to source this via a Private Travel Clinic, these can be found at the bottom of the page.

NHS Travel Vaccination	S
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- Hepatitis A
- Typhoid
- Tetanus / Diphtheria / Polio
- Cholera
- MMR

Private Travel Vaccinations / Medication

- Malaria tablets
- Altitude sickness tablets
- Hepatitis B
- Rabies
- Japanese Encephalitis
- Yellow Fever
- TB
- Tick-Borne Encephalitis

Vaccination is only a small part of preparing for safe travel. Please visit the link/website to Travel Health Pro https://travelhealthpro.org.uk/ which provides up-to-date and reliable information for travellers. Select the country you are visiting and read all the information so you are well informed on health, personal safety and actions that may be required to enable you to have a healthy and safe journey. It is your responsibility to read and understand the information to prepare responsibly for you trip.

## Private Travel Clinic Examples

Boots Teeside Park Stockton-on-Tees, TS17 7BU 01642 605956	Travel Injections 4 U The Consulting Room 5 Queen's Square, Middlesbrough, TS2 1AA 07791548601	Harrogate MASTA Travel Clinic Mowbray Square Medical Centre, Myrtle Square, Harrogate, HG1 5AR 0330 100 4156	
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Travel advice can also be obtained from a private travel clinic. These generally require an appointment and there may be a charge.