



Please wear a face covering when entering the surgery.



## EAR SYRINGING

We no longer provide ear syringing at the surgery. If you have a problem with ear wax then please see your local pharmacy. If you have used self care ear wax removal and you are still having trouble with excess ear wax, then you could contact a private provider.

Listed below are a few local providers:

Day Lewis 01609 772029

Debbie Petty 07917654770

Hambleton Hearing Ltd 01642 701398



## Feeling under the weather?

Did you know that your pharmacist can help you with treatments for common healthcare conditions like...

Hayfever

Colds, coughs and flu

Allergies

Stomach upsets

Aches and pains



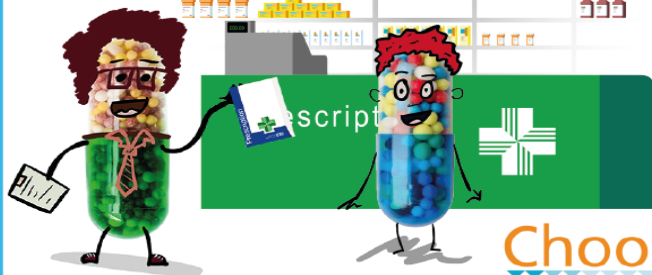
Visit your local pharmacist to find out more

**Choose self care**

## Talk to your pharmacist today about your health questions

You don't need to make an appointment to see the pharmacist, just pop in. They are always happy to help and can answer any questions you may have.

Pharmacy



Many pharmacies are open late and at the weekend, which is convenient for people who work during the day or for when the doctor's surgery is closed.

**Choose self care**