

Practice Newsletter

Issue No 10



MOWBRAY GROUP

Mowbray House and Hutton Rudby Surgeries

Flu

Thanks to our amazing team and their efforts over the last few weeks we have given a whopping 5,000 flu vaccinations so far!

Due to this exceptional demand we have now used all our allocated supplies of vaccines for eligible patients aged **under 65**. We are working hard with other local practices and our suppliers to secure further vaccinations and we hope to have these by mid-November. We will keep you updated and as soon as we receive more we will let you know!

We still have vaccines available for patients aged **over 65** and you can book your appointment online or by calling 01609 760002 between 2pm-3pm Wednesday-Friday.

The government announced that vaccines would be made available for patients between **50-64**. Please note people in this age group will not be vaccinated until later on in the season, providing there is sufficient vaccines available. No appointments will be offered for this age group until then. This is to ensure that those who are most at risk are vaccinated first.



We are continuing to ask patients to attend for their appointment just a few moments before it is due to start to try and limit the amount of people in the surgery at any one time.

Why not follow us on Facebook

[Mowbray Group Surgeries](#)

Find out what is happening in our surgeries and keep yourself update with the latest news.





Appointments

For your own safety and confidentiality the team are not able to book appointments at the front desk. We know that masks can make communication difficult, especially for those patients with hearing difficulties. If you let a member of our team know you are struggling we can arrange to move into a side room where communication might be easier.

To help reduce demand on our telephone lines we have now made **telephone appointments with a GP available to be booked online.**

Throughout the pandemic we've worked hard to offer you new and safe ways of accessing care. This includes video consultation, E-Consultations, online questionnaires and text messaging. However if you need to be seen face to face then our GPs and clinical team are bringing patients in to see us.



Are you set up for us to text and video call you? Make sure we have your up to date mobile number and if you haven't already then let us know your happy to be contacted by text. Remember a member of the team can quickly set you up with online access too.

Over the counter medications

GPs will not usually give you a prescription for certain medicines that are available to buy in a pharmacy or supermarket. From 1st October your GP will no longer routinely prescribe medicines for minor health conditions such as conjunctivitis, mouth ulcers, heartburn etc. It's easy to get advice and medicines from your pharmacy without a prescription and no appointment is needed. Visit www.prescriptionchanges.co.uk to find out more. This message is brought to you by North Yorkshire CCG.

